



# Neuronal, stromal, and T-regulatory cell crosstalk in murine skeletal muscle

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**A distinct population of Foxp3<sup>+</sup>CD4<sup>+</sup> regulatory T (Treg) cells promotes repair of acutely or chronically injured skeletal muscle. The accumulation of these cells depends critically on interleukin (IL)-33 produced by local mesenchymal stromal cells (mSCs). An intriguing physical association among muscle nerves, IL-33<sup>+</sup> mSCs, and Tregs has been reported, and invites a deeper exploration of this cell triumvirate. Here we evidence a striking proximity between IL-33<sup>+</sup> muscle mSCs and both large-fiber nerve bundles and small-fiber sensory neurons; report that muscle mSCs transcribe an array of genes encoding neuropeptides, neuropeptide receptors, and other nerve-related proteins; define muscle mSC subtypes that express both IL-33 and the receptor for the calcitonin-gene-related peptide (CGRP); and demonstrate that up- or down-tuning of CGRP signals augments or diminishes, respectively, IL-33 production by muscle mSCs and later accumulation of muscle Tregs. Indeed, a single injection of CGRP induced much of the genetic program elicited in mSCs early after acute skeletal muscle injury. These findings highlight neural/stromal/immune-cell crosstalk in tissue repair, suggesting future therapeutic approaches.**

reduced in aged mice characterized by poor muscle regeneration (7). IL-33<sup>+</sup> mSCs can be found in close association with nerve structures in skeletal muscle, including nerve fibers, nerve bundles, and muscle spindles that control proprioception (7).

Given the intriguing functional and/or physical associations among muscle nerves, mSCs, and Tregs, and in particular, their co-ties to IL-33, we were inspired to more deeply explore this axis. Here, we used whole-mount immunohistochemical imaging as well as population-level and single-cell RNA sequencing (scRNA-seq) to examine the neuron/mSC/Treg triumvirate in hindlimb muscles. We identified a set of MmSC transcripts encoding neural signaling molecules; notably, both subunits of the receptor for the sensory neuropeptide, calcitonin gene-related peptide (CGRP). In vivo pharmacological or genetic manipulations of CGRP signaling modulated IL-33 expression by mSCs and the accumulation of Tregs, pointing to functionally relevant tricellular crosstalk.

muscle repair | regulatory T cells | stromal cells | CGRP | IL-33

Crosstalk between the immune system and the sensory nervous system, both of which rapidly respond to damaging and painful stimuli, has become increasingly apparent over the past several years (1). For example, targeted ablation of nociceptive sensory neurons in the respiratory tract reduces allergic airway inflammation (2), skin nociceptors drive psoriasis via stimulation of dendritic cells (3), nociceptors modulate immune responses against bacterial and fungal pathogens (4, 5), and activation of nociceptors in a mouse model of inflammatory bowel disease exacerbates colonic inflammation via release of substance P (6).

Recent studies have uncovered a potential role for nervous:immune system interactions, channeled through stromal cell production of interleukin (IL)-33, in skeletal muscle regeneration (7). IL-33, an alarmin of the IL-1 family of inflammatory cytokines, is constitutively expressed in the nucleus until it is released from the cell subsequent to necrotic death, mechanical injury, or other types of stress in order to alert the immune system to tissue damage (8). While this cytokine was originally investigated primarily as a stimulator of type 2 immunity, in particular, allergic inflammation, more recent reports have highlighted its function in driving the accumulation of Foxp3<sup>+</sup>CD4<sup>+</sup> regulatory T (Treg) cell populations operating in nonlymphoid tissues; notably the colon, visceral adipose tissue, and skeletal muscle (7, 9–12). Muscle Tregs express high levels of the IL-33 receptor, ST2 (encoded by *Il1rl1*), and loss- and gain-of-function experiments have demonstrated the importance of both muscle Tregs and their expression of ST2 for optimal regeneration after acute injury (7, 13).

The primary IL-33-producing cells in mouse skeletal muscle are mesenchymal stromal cells (mSCs), included within a fraction displaying the markers Sca-1 and PDGFR $\alpha$ , but not the hematopoietic and endothelial cell markers, CD45 and CD31, respectively (7). This fraction of muscle mSCs (MmSCs) has repeatedly been implicated in healthy tissue repair (14, 15). MmSC expression of IL-33 is boosted on acute injury, and is

## Significance

**A distinct population of Foxp3<sup>+</sup>CD4<sup>+</sup> regulatory T (Treg) cells promotes repair of injured skeletal muscle. In mice, accumulation of these cells depends on interleukin (IL)-33 produced by local stromal cells. We demonstrate a striking proximity between IL-33<sup>+</sup> muscle mSCs and both large-fiber nerve bundles and small-fiber sensory neurons. Muscle stromal cells transcribe an array of genes encoding neuropeptides, neuropeptide receptors, and other nerve-related proteins; in particular, one subtype expresses both IL-33 and the receptor for the calcitonin-gene-related peptide (CGRP). Up- or down-tuning of CGRP signals augments or diminishes, respectively, IL-33 production by muscle mSCs and accumulation of muscle Tregs. These findings highlight neural/stromal/immune-cell crosstalk in tissue repair, suggesting future therapeutic approaches.**

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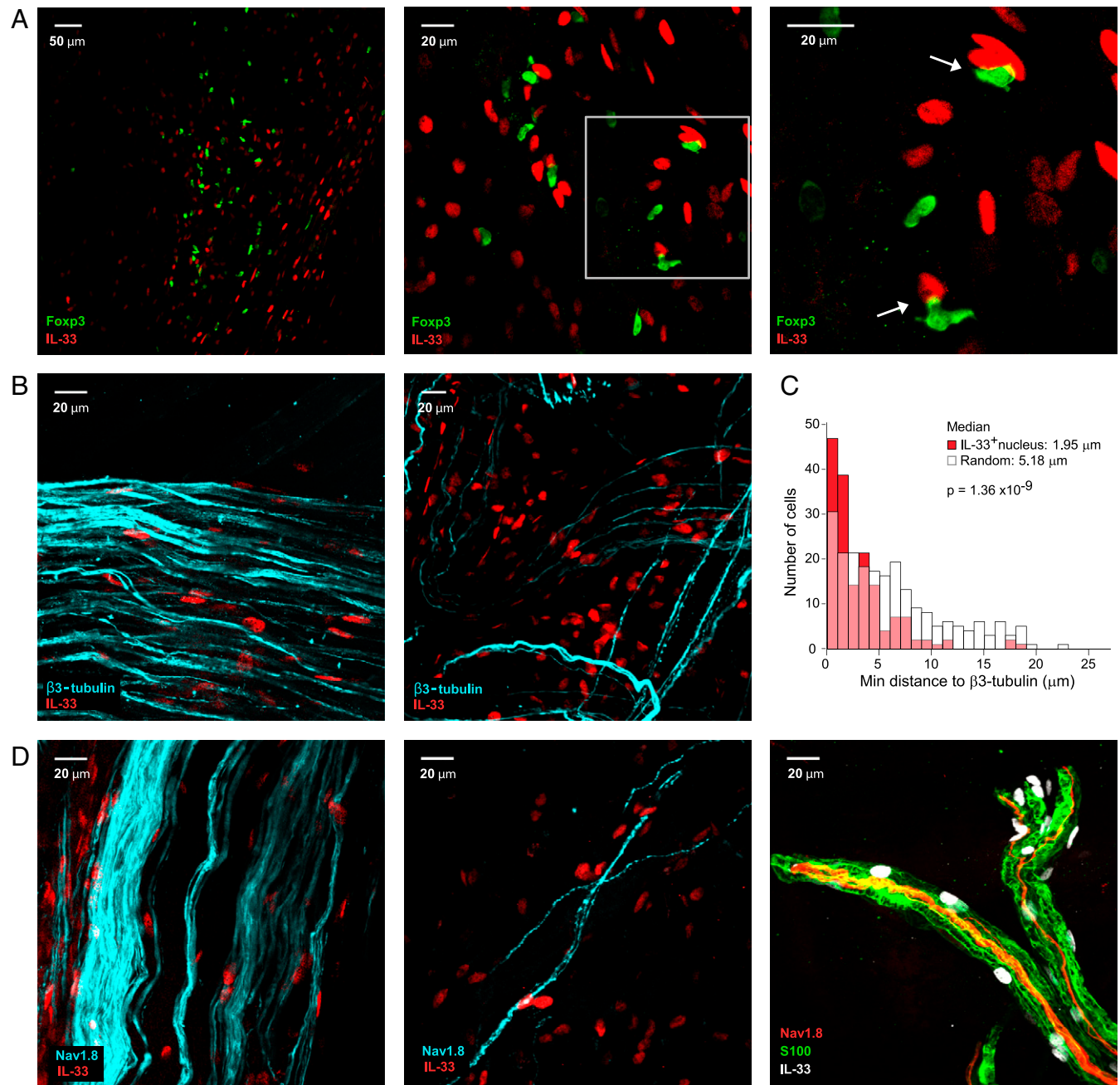
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## Results

**Visualization of Skeletal Muscle Neurons and Tregs in Relation to IL-33-Expressing Stromal Cells.** The acute muscle injury provoked by injection of cardiotoxin (CTX) is accompanied by an expansion of the local Treg population, typically peaking at 3 to 4 d postinjection (13). There is also a rapid increase in the local expression of IL-33 and an enrichment in IL-33<sup>+</sup> mSCs (7). We examined the proximity of muscle Tregs and IL-33<sup>+</sup> mSCs via fluorescent anti-IL-33 antibody (Ab) staining of hindlimb muscle

3 d after CTX-induced injury of B6.*Foxp3-IRES-GFP* reporter mice. Low-power magnification revealed clusters of Foxp3<sup>+</sup> cells intermingled with conglomerates of IL-33<sup>+</sup> cells (Fig. 1 *A, Left*), while higher magnification demonstrated close association and occasional overlap between the two cell types (Fig. 1 *A, Middle and Right*).

We previously reported that IL-33<sup>+</sup> cells are often associated with neural structures in skeletal muscle, including large-diameter NF200<sup>+</sup> nerve bundles, nerve fibers, and muscle spindles (7). In



**Fig. 1.** Association among Tregs, IL-33<sup>+</sup> cells, and peripheral nerves within mouse skeletal muscle. Immunofluorescence imaging of whole-mount tissue from hindlimb muscle. (A) Tregs and IL-33<sup>+</sup> cells, 3 d post-CTX injury, at 10× magnification (Left), 60× (Middle), and 130× (Right). White arrows: Tregs and IL-33<sup>+</sup> cells within contact distance. (B) Colocalization of IL-33<sup>+</sup> cells with β3-tubulin<sup>+</sup> nerve fibers in uninjured muscle (Left) and 3 d post-CTX injury (Right). (C) Minimum distances from either the centers of IL-33<sup>+</sup> cells or random points to β3-tubulin<sup>+</sup> area in uninjured muscle. Plotted as kernel density distribution from composite of four images. *P* value determined by Kolmogorov–Smirnov test. (D) Colocalization of IL-33<sup>+</sup> cells with Nav1.8<sup>+</sup> nerve fibers in uninjured muscle (Left), 3 d post-CTX injury (Middle), and 12 h post-CTX injury with additional staining of S100<sup>+</sup> myelin sheath (Right). Pseudocoloring used for better visualization.

order to refine these initial observations, we first stained hindlimb muscle for IL-33 and for a universal marker of neural structures, the neuron-specific microtubule,  $\beta$ 3-tubulin. A close association between cells expressing the two indicators was observed in both uninjured (Fig. 1 B, Left) and injured (Fig. 1 B, Right) muscle. Quantitative analysis of the minimum distance between  $\beta$ 3-tubulin<sup>+</sup> axons and IL-33<sup>+</sup> stromal cells showed statistically greater proximity in comparison with that between  $\beta$ 3-tubulin<sup>+</sup> axons and random points (Fig. 1C). Based on a broad assessment of all acquired images (including staining for additional markers), IL-33-expressing cells were almost always associated with nerves within hindlimb muscle, with >80% of IL-33<sup>+</sup> stroma lying close to  $\beta$ 3-tubulin<sup>+</sup> nerves. However, IL-33 expressers were less frequently associated with unmyelinated single nerve fibers than with larger nerves and axon bundles, with only ~20% of IL-33<sup>+</sup> cells visualized adjacent to thin nerve fibers.

Next, we determined whether IL-33<sup>+</sup> cells were associated with peripheral sensory neurons in particular, using B6.Nav1.8-TdTomato reporter mice. Neurons expressing the voltage-gated sodium channel Nav1.8 encompass 75% of the cell bodies in the dorsal root ganglia (which hold the sensory neuron afferents), marking mostly unmyelinated c-fibers, of which a large subset are nociceptors responsible for transmitting mechanical, cold, and inflammatory pain (reviewed in ref. 16). IL-33<sup>+</sup> nuclei were found in close proximity to Nav1.8<sup>+</sup>(TdTomato) fibers in both uninjured and injured muscle (Fig. 1 D, Left and Middle). Covisualizing IL-33, Nav1.8, and S100 (which marks the myelin sheath) also revealed an intimate association between IL-33<sup>+</sup> cells and branching sensory axons (Fig. 1 D, Right).

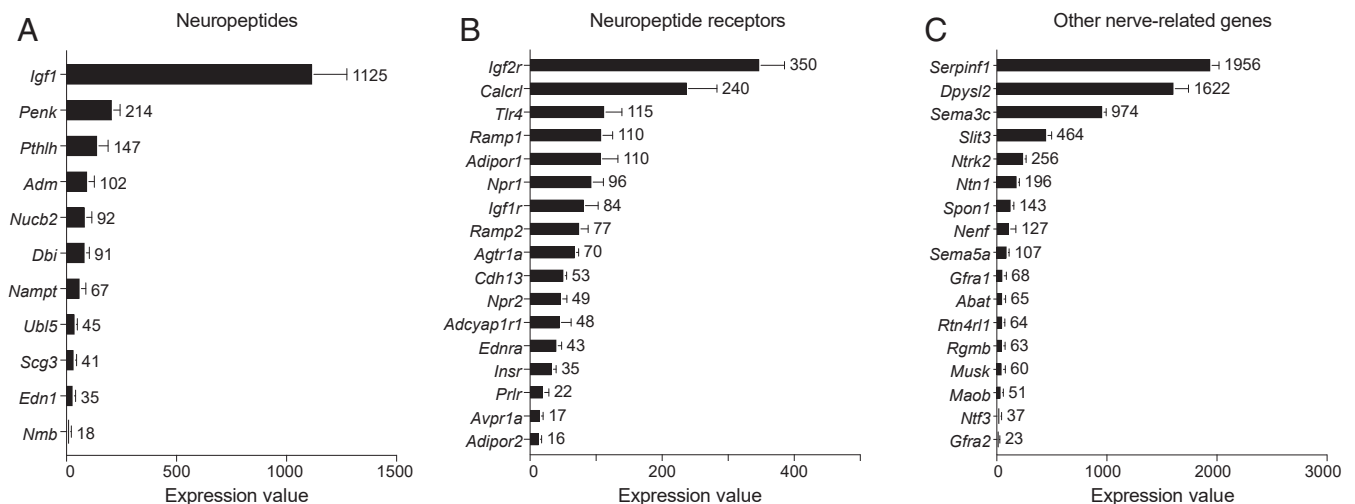
**The Transcriptome of MmSCs Revealed a Potential for Neuronal Interactions.** In order to identify pathways and molecules that might be involved in interactions between neural and stromal cells, as suggested by their proximity, we performed population-level RNA-seq analysis of mSCs, the primary IL-33 expressors in skeletal muscle (7). Hindlimb muscles from uninjured 8-wk-old C57BL/6 (B6) males were removed, single-cell suspensions prepared, and mSCs double-sorted as CD45<sup>-</sup>CD31<sup>-</sup>Sca-1<sup>+</sup>PDGFR $\alpha$ <sup>+</sup>. The analogous lymph-node population was isolated from the same mice to serve as a comparator.

Several genes encoding neuropeptides, neuropeptide receptors, or other nerve-related proteins were expressed by mSCs from muscle and LNs, certain of them preferentially by the former tissue

(Fig. 2 and SI Appendix, Fig. S1). The neuropeptide gene transcripts included *Penk*, which encodes the endogenous opioid pro-enkephalin, the precursor of met- and leu-enkephalins; *Dbi*, specifying a GABA receptor modulator; and *Nucb2*, which encodes Nesfatin-1, an appetite regulator (Fig. 2A and SI Appendix, Fig. S1A). Neuropeptide receptor gene transcripts included those encoding natriuretic peptide receptors (*Npr1*, *Npr2*), and *Adipor1*, specifying the Adiponectin receptor (Fig. 2B and SI Appendix, Fig. S1B). Other nerve-related genes expressed by mSCs encoded neurotrophic factors that promote neuronal survival (*Serpinf1*, *Ntrk2*, and *Nenf*); molecules involved in axon guidance (*Sema3c*, *Sema5a*, *Ntn1*, *Spon1*, and *Rgmb*); the enzyme monoamine oxidase B (*Maob*), which degrades neuroactive amines; and the muscle-specific receptor tyrosine kinase that regulates formation of neuromuscular junctions (*Musk*; Fig. 2C and SI Appendix, Fig. S1C).

Our attention was drawn in particular to transcripts encoding the calcitonin receptor-like receptor (CALCRL) and the receptor activity-modifying protein (RAMP)1, which combine to form the CGRP receptor, which is interesting from several perspectives. First, CALCRL is a G protein-coupled receptor, the ligand recognition of which depends on which RAMP subunit it associates with: combining CALCRL with RAMP1 yields the CGRP receptor, while its association with RAMP2 or RAMP3 produces the adrenomedullin receptor. The observation that transcripts encoding CALCRL and RAMP1 were both highly expressed in MmSCs suggests that the receptor complex might have a functional role in this tissue. Second, CGRP is involved in pain transmission and modulation throughout the central and peripheral nervous systems. This 37-amino acid peptide is released from peripheral sensory nerve terminals upon detection of damaging or proinflammatory signals via calcium influx into nerve terminals; for example, by triggering activation of the transient receptor potential vanilloid (TRPV)1 channel (reviewed in ref. 16). Upon release, it exerts a potent vasodilatory response within the microvasculature, thereby priming the inflammatory response. Many, though not all, CGRP<sup>+</sup> somatosensory neurons also express Nav1.8<sup>+</sup> (17). Last, while other cellular components of skeletal muscle tissue (endothelial, hematopoietic, or satellite cells) expressed detectable levels of *Ramp1* or *Calcrl* transcripts, mSCs were the only component that expressed high levels of both (SI Appendix, Table S1).

While population-level RNA-seq revealed that the MmSC compartment, specifically, the CD45<sup>-</sup>CD31<sup>-</sup>Sca-1<sup>+</sup>PDGFR $\alpha$ <sup>+</sup>



**Fig. 2.** MmSCs express genes involved in neural signaling. (A–C) RNA-seq analysis of mSCs isolated from uninjured hindlimb muscle. Triplicate samples. Average expression of select genes encoding neuropeptides (A), neuropeptide receptors (B), and other nerve-related genes involved in neurotrophic signaling, neuromodulation, and axon guidance (C).

component, expressed transcripts encoding IL-33, CALCRL, and RAMP-1, it was imperative to determine whether any MmSC subtype expressed all three transcripts, how frequent such cells were, and what transcriptional programs they evinced. Therefore, we carried out scRNA-seq analysis on mSCs sorted from uninjured hindlimb muscles of 8- to 10-wk-old B6 males. In total, 1,434 individual cells were measured; on average, 3,018 unique mRNA molecules transcribed from 1,408 different genes were sequenced per cell. We first displayed the combined data as a t-SNE (t-distributed Stochastic Neighbor Embedding) plot, permitting dimensionality reduction (Fig. 3A). Six distinct cell subtypes were discernible: MmSCs 1 through 6. As anticipated from the sorting strategy, all six subtypes expressed substantial levels of *Ly6a* (encoding Sca-1) and *Pdgfra*, evident from superimposing their transcript levels onto the t-SNE plot (Fig. 3B). However, *Il33*, *Calclrl*, and *Ramp1* all had more limited patterns of expression (Fig. 3C). Notably, MmSC1, and especially MmSC2 (which showed the highest expression of *Il33* transcripts), also expressed substantial levels of *Ramp1* and *Calclrl* transcripts.

To determine whether the CGRP receptor was present at the MmSC cell surface, we turned to flow cytometry, making use of a commercially available anti-RAMP1 Ab. An anti-CALCRL Ab was not available; however, RAMP1 would not be detectable at the surface unless bound to CALCRL. MmSCs from uninjured skeletal muscle did express RAMP1; hence, the CGRP receptor, at readily detectable levels (Fig. 3D). Gating MmSCs according to expression of CD26 permitted us to distinguish subtypes 1 and 2 (CD26<sup>hi</sup>) from the other four subtypes (CD26<sup>lo</sup>; Fig. 3E). Consistent with the scRNA-seq data, RAMP1 (hence the CGRP receptor) was displayed on MmSC subtypes 1 and 2 at elevated levels (Fig. 3F).

These findings prompted us to examine the localization of CGRP-expressing neurons vis-à-vis IL-33-expressing stromal cells. In uninjured hindlimb muscle, IL-33<sup>+</sup> cells were frequently observed adjacent to branching CGRP-immunoreactive sensory fibers at both low- and high-power magnification, highlighting their intimate association (Fig. 3G).

**Manipulating CGRP Signals Impacted IL-33-Expressing mSCs and Tregs in Skeletal Muscle.** To explore the functional relevance of CGRP, we performed both gain- and loss-of-function experiments. First, we intraperitoneally (i.p.) injected an optimized dose of CGRP into uninjured 7- to 9-wk-old B6 males and assessed IL-33 production in hindlimb tissue by an ELISA. A significant increase in the level of IL-33 was first evident at 4 h postinjection, which was further augmented at 8 h (Fig. 4A). At the latter time, there was also an increase in IL-33<sup>+</sup> mSCs in hindlimb muscle, assessed cytofluorimetrically (SI Appendix, Fig. S2A and Fig. 4B). Importantly, neither the viability of the MmSC compartment (SI Appendix, Fig. S2B) nor its relative contribution to the totality of muscle IL-33<sup>+</sup> cells (SI Appendix, Fig. S2C) changed during this time frame.

For deeper insights into the CGRP effects, we performed transcriptomic analyses on isolated MmSCs at the 4- and 8-h times. Three key findings emerged. First, volcano plots comparing injection of CGRP and PBS showed enrichment of G2M Checkpoint transcripts at 8 but not 4 h postinjection (Fig. 4C), in line with the increase in IL-33<sup>+</sup> MmSCs mentioned here. Second, KEGG pathway analysis highlighted a decrease ( $\leq 2$ -fold) in neuronal crosstalk at both 4 and 8 h and an increase ( $\geq 2$ -fold) in cytokine- and chemokine-related transcripts (SI Appendix, Table S2). Interestingly, the latter set of transcripts included those encoding the IL-33 receptor (*Il1rl1*, 27-fold), suggesting an IL-33-focused feedback or feed-forward loop. Finally, fold-change/fold-change plot revealed that much of the gene-expression program induced in hindlimb MmSCs on day 1 after CTX-induced muscle injury was also up-regulated by a single intraperitoneal injection of CGRP,

although somewhat less so. In other words, most transcripts did not fall along the  $x$  or  $y$  axis in Fig. 4D, but rather along a diagonal.

Analysis of Tregs after repeated CGRP injection i.p. into uninjured 8- to 10-wk-old B6 males revealed the anticipated increase in their contribution to the CD4<sup>+</sup> T cell compartment in muscle but not spleen (Fig. 4E). This finding was solidified in a loss-of-function experiment. We compared uninjured 8-wk-old males deficient in TRPV1<sup>+</sup> nociceptor neurons or not (*Trpv1-Cre*<sup>+/-</sup>/*Dta*<sup>+/-</sup> mice vs. *Trpv1-Cre*<sup>-/-</sup>/*Dta*<sup>+/-</sup> littermates), and found that the TRPV1<sup>+</sup>-neuron-deficient mice had a reduced muscle Treg compartment (Fig. 4F) vis-à-vis their control littermates.

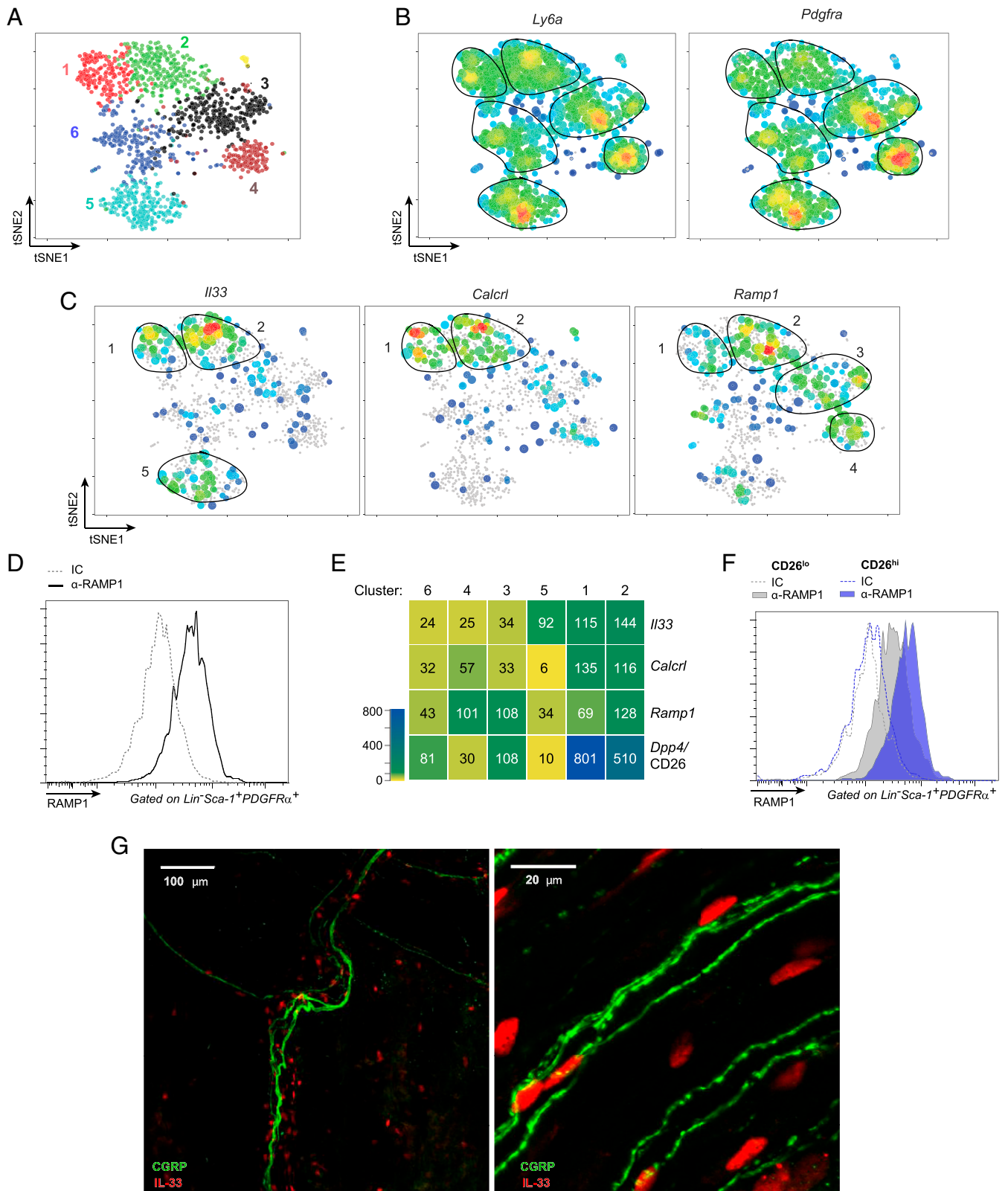
## Discussion

In murine skeletal muscle, a population of mSCs expressing IL-33 resides adjacent to peripheral nerve structures (7). Given the known role of IL-33 in promoting local expansion of muscle Tregs (7), these cells are well positioned to communicate with both the adaptive immune system and the peripheral nervous system. We have now demonstrated a strikingly close physical association between IL-33<sup>+</sup> MmSCs and both nerve bundles and small-fiber sensory neurons; established that MmSCs transcribe a number of genes encoding neuropeptides, neuropeptide receptors, and other nerve-related proteins; identified, in particular, MmSC subtypes that express both IL-33 and the CGRP receptor; and showed that up- or down-regulation of CGRP signaling increased or decreased, respectively, IL-33 production by MmSCs and eventually muscle Treg accumulation. These findings raise several points of interest.

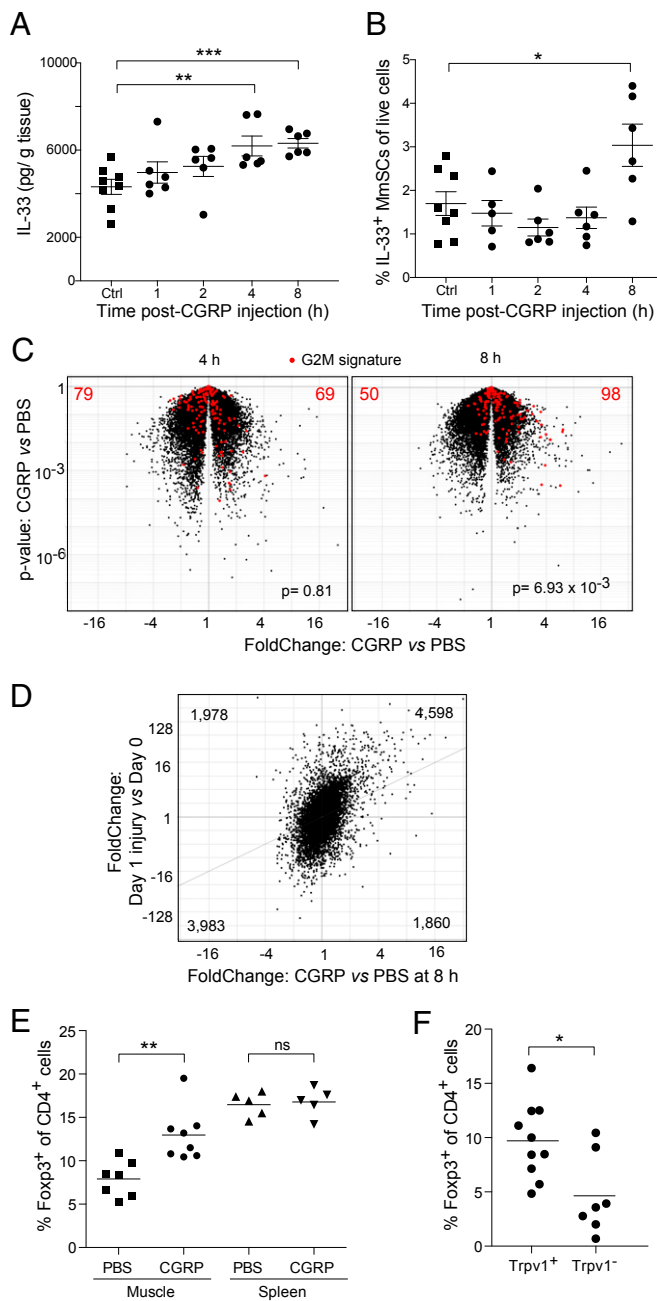
Most studies of neural-immune cell interactions have focused on their direct, often bidirectional, crosstalk (18–22). Here, the finding that particular MmSC subtypes produce IL-33 points to a potentially underrecognized role of tissue stromal cells in orchestrating such conversations. Just as the importance of stromal cells in controlling the tumor microenvironment is increasingly recognized, their place in regulating neural-immune cell interactions would be consistent with a crucial role as conveyers of signals across systems.

Among the potential nervous-immune system interactions, a connection between peripheral sensory neurons and innate immune cells makes sense, given their shared responsibility for a rapid response to tissue damage. However, the role of neuropeptide signaling in coordinating the adaptive immune response has also long been recognized (23, 24). Our observation that systemic CGRP administration promoted local Treg expansion in uninjured muscle, possibly priming the tissue for an eventual anti-inflammatory response, is consistent with prior studies demonstrating the role of CGRP in suppressing activation of the adaptive immune system. CGRP directly inhibits T cell proliferation, as well as T helper (Th)1 IL-2 production (25, 26), inhibits dendritic cell migration (27), and promotes Th2 immunity (28). Muscle damage is accompanied by pain, a sensation driven by nociceptive neurons. It makes physiological sense that nociceptive neurons also act on MmSCs to drive Treg function. Within this context, signaling via IL-33-producing MmSCs may serve to more gradually and controllably transmit and augment early damage signals detected by the peripheral sensory nervous system into an eventual dampening of the adaptive immune response. In this regard, it is interesting that recent studies have highlighted a role for CGRP-mediated inhibition of the accumulation and function of type 2 innate lymphoid cells in the lung and small intestine (29–31). This effect is the opposite of that we observed for muscle Tregs, although the outcome, dampening of the inflammatory response, would be the same.

Several lines of evidence argue that the effect of CGRP on MmSCs is a direct one: they are physically associated with CGRP-inducing neurons, they are the major muscle cell type expressing both subunits of the CGRP receptor, and, as already evident at 4 h after CGRP injection, their IL-33 response is quite



**Fig. 3.** IL-33-producing MmSCs express the CGRP neuropeptide receptor complex. (A–G) Analysis on uninjured hindlimb muscle. (A) Distinct clusters of MmSCs from single-cell RNA sequencing. (B and C) Heat map representation of gene expression by cluster for *Ly6a* (B, Left); *Pdgfra* (B, Right); *Il33* (C, Left); *Calcl* (C, Middle); and *Ramp1* (C, Right). (D) Ramp1 mean fluorescence intensity distribution compared with isotype control (IC) from flow cytometry of MmSCs. (E) Average expression of *Il33*, *Calcl*, *Ramp1*, and *Dpp4* (CD26) by cluster. (F) Ramp1 MFI distribution based on level of CD26 expression on MmSCs. (G) Immunofluorescence imaging of IL-33<sup>+</sup> cells and CGRP<sup>+</sup> nerve fibers.



**Fig. 4.** CGRP affects IL-33 levels within skeletal muscle and results in Treg modulation. (A–F) Analysis on mice injected once i.p. with CGRP or PBS unless otherwise noted. (A) Muscle IL-33 levels as determined by ELISA. (B) IL-33<sup>+</sup> mSCs in muscle by flow cytometry. (C) Volcano plot comparisons of mSCs after CGRP vs. PBS injection. Quadruplicate samples. G2M signature highlighted in red with numbers indicating up-regulated and down-regulated genes. Not shown: Gal (4, 8 h; 174, 119 FC), Cxcl5 (8 h; 178 FC). (D) Fold-change by fold-change plot comparing effects of CGRP injection at 8 h and muscle CTX-injury. Numbers indicate genes per quadrant. Not shown: Gal (119, 2 FC), Cxcl5 (178, 3777 FC). (E) Flow cytometry of Tregs after CGRP injection (i.p. every 8 h, for 2 d). (F) Flow cytometry of Tregs in uninjured muscle of nociceptor-ablated mice (*Trpv1-Cre<sup>+/+</sup>/Dta<sup>+/-</sup>*; *Trpv1<sup>-/-</sup>*) or littermate controls (*Trpv1-Cre<sup>-/-</sup>/Dta<sup>+/-</sup>*; *Trpv1<sup>+/+</sup>*). All *P* values represent the unpaired *t* test, with \**P* < 0.05; \*\**P* < 0.01; \*\*\**P* < 0.001.

rapid. Muscle Tregs can also respond directly to CGRP, in addition to IL-33, but they express lower levels of CGRP receptor transcripts and accumulate with delayed kinetics.

As demonstrated by scRNA-seq analysis, the MmSC compartment was quite heterogeneous. From the sorted CD45<sup>+</sup>CD31<sup>-</sup>Sca-

1<sup>+</sup>PDGFRα<sup>+</sup> population, only two of the six identified subtypes expressed both IL-33 and the two CGRP receptor subunits. It would be of interest to further investigate whether these subtypes have distinctive physical distributions within the muscle tissue before and after injury, and to follow their dynamics through muscle recovery from injury.

Nav1.8 is a voltage-gated ion channel that mediates action potential firing in nociceptive neurons, and humans with mutations in this ion channel show changes in pain sensitivity. Recent work has shown that Tregs can be potent regulators of pain in mouse models of sciatic nerve injury and experimental autoimmune encephalitis (32, 33), as well as in experimental autoimmune encephalitis (34). Tregs could modulate pain through several molecular mechanisms. T cells express proenkephalin (Penk), which encodes endogenous opioid peptides that can potently suppress visceral pain (35). T cell-derived IL-10 also plays a critical role for resolution of chemotherapy-induced neuropathic pain (36), although this study indicated a role for CD8<sup>+</sup>, rather than CD4<sup>+</sup>, T cells. A connection between Nav1.8<sup>+</sup> neurons and their regulation of Tregs has not been previously described. It would be interesting if generation of pain after injury feeds back to induce more Tregs within muscles and other tissues, which in turn feeds back to silence pain. Pain might therefore be a way to trigger the body's inflammation-resolution mechanisms during wound healing that in turn also silence pain, which is one of the cardinal signs of inflammation itself.

Given that both are dispersed organ systems and both can respond rapidly to environmental challenges, interactions between the nervous and immune systems have long been studied (37–39). However, there has been a recent resurgence of interest in this area, with the advent of more sensitive and discriminating techniques in immunology, neurobiology, and genomics allowing for increasingly finer dissection of these interdependent networks and their physiologic relevance. Therapeutic applications are emerging, including evidence for vagal nerve stimulation in controlling chronic inflammatory disorders (40) and the recent approval of CGRP receptor antagonists and anti-CGRP antibodies for prevention of migraine headaches. Defining the role of tissue stromal cells in orchestrating the interplay between these networks will bring further insights into understanding the many disorders affecting peripheral nerves and tissue inflammation, such as immune-mediated neuropathies, chronic pain, and delayed wound healing.

### Materials and Methods

**Mice.** The following mice were used: C57BL/6 (Jackson Laboratory), *B6.Nav1.8-Cre<sup>+/+</sup>/TdTomato<sup>+/-</sup>* mice (*B6.Nav1.8/TdTomato* in the manuscript), nociceptor-ablated *B6.Trpv1-Cre<sup>+/+</sup>/Dta<sup>+/-</sup>* mice and littermate controls *B6.Trpv1-Cre<sup>-/-</sup>/Dta<sup>+/-</sup>*, and *B6.Foxp3-IRES-GFP* mice obtained from V. Kuchroo (Brigham and Women's Hospital, Boston, MA).

**Injections.** Before muscle injury with *Naja mossambica* CTX, mice were anesthetized with i.p. injected ~200 μL (7 μL/g mouse weight) ketamine (10 mg/mL; Zoetis) and xylazine (2 mg/mL; Bimeda). CTX was injected into hindlimb muscles at 30 μL/muscle (0.03 mg/mL, Sigma), as previously described (13). CGRP (rat; R&D systems) was injected i.p. at 1.5 nmol in 200 μL PBS.

**Histological Analyses.** Mice were perfused with 4% PFA/PBS intracardially before muscles were harvested. Hindlimb muscle was postfixed with 4% PFA overnight and then permeabilized and blocked with 0.2% Triton X-100, 2% goat serum, and 2% BSA in PBS overnight at 4 °C. Tissue was sequentially stained with primary and secondary antibodies, placed in mounting media, and secured between a slide and coverslip by magnets.

**Cell Isolation for Flow Cytometry.** Mouse hindlimb muscles were minced and digested for 30 min at 37 °C in collagenase VIII (2 mg/mL; Invitrogen) and dispase (0.5 mg/mL; Invitrogen) for mSC isolation or in collagenase II (2 mg/mL; Invitrogen) and DNase I (150 mg/mL; Sigma) for muscle Treg isolation and then filtered through a 70 μm filter and washed twice before resuspension in staining medium. To separate the leukocyte fraction, the cells were

resuspended in 40% Percoll (GE Healthcare), underlaid with 80% Percoll, and spun at 25 min at 2,200 rpm with no brake. The interphase layer was then isolated and washed before resuspension in staining medium.

**Flow Cytometry.** Surface staining was performed for ~20 min on ice, and viability was assessed using Invitrogen LIVE/DEAD Fixable Near-IR Dead Cell Stain Kit as per manufacturer's instructions. Intracellular staining was performed using either the eBiosciences Intracellular Fixation & Permeabilization buffer set or the Biolegend True-Nuclear Transcription Factor buffer kit per manufacturer's protocol.

**IL-33 ELISA.** After muscles were harvested, a small piece of tissue (~40 to 50 mg) was removed from the center of the gastrocnemius and immediately frozen on dry ice. Protein extract was prepared as indicated in the [SI Appendix](#). IL-33 ELISA (BioLegend) was performed using the manufacturer's protocol.

**RNA-Sequencing.** For population-level RNA-seq analysis, 1,000 double-sorted cells from each population were collected into 5  $\mu$ L Buffer TCL (Qiagen) containing 1% beta-mercaptoethanol (Sigma) and sequenced by the Broad Technology Labs (41, 42). The single-cell dataset analysis was performed as previously described (43).

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**Pathway Analysis.** KEGG Pathways Analysis was performed using Enrichr online tool (<https://amp.pharm.mssm.edu/Enrichr/>), using  $\pm 2$  fold-change differentially expressed genes, with a *P* value <0.05 and an expression value  $\geq 15$ .

**Data Availability Statement.** The data reported in this paper have been deposited in the Gene Expression Omnibus (GEO) database, <https://www.ncbi.nlm.nih.gov/geo/> (accession no. GSE143428).

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